



FSDS

Fair & Sustainable
Development Solutions

ANNUAL REPORT 2020 - 2021

FAIR AND SUSTAINABLE
DEVELOPMENT SOLUTIONS (FSDS)
PUBLIC FOUNDATION



FAIR AND SUSTAINABLE DEVELOPMENT SOLUTIONS (FSDS) PUBLIC FOUNDATION

Fair and Sustainable Development Solutions (FSDS) is a regional non-profit organization founded in 2014 in the Kyrgyz Republic.

The FSDS Public Foundation works to improve the quality of life of people in Central Asia through the joint implementation of national and regional programs.

The FSDS Public Foundation works in five main areas:

Inclusive Society

Tourism

Food security

Social entrepreneurship

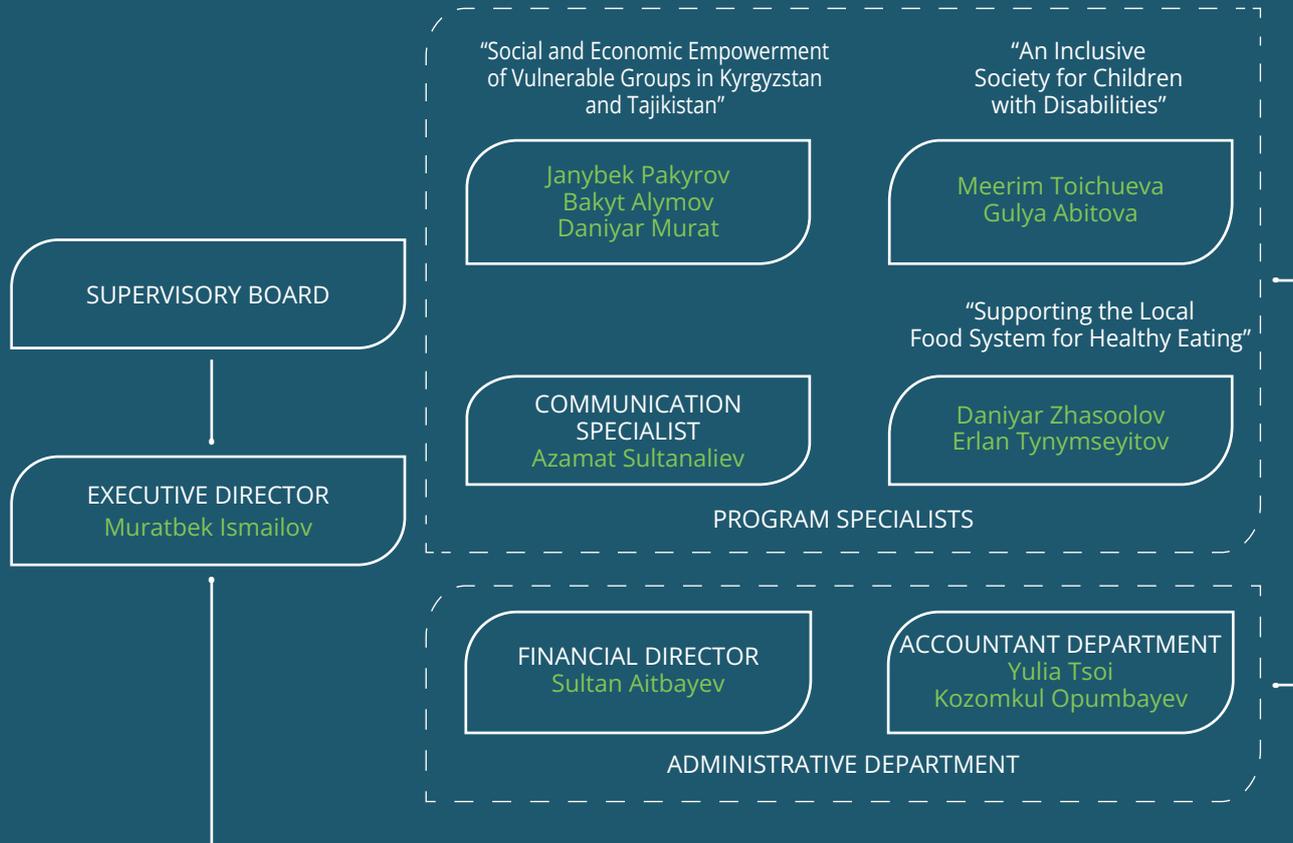
Startups for young people

The FSDS Public Foundation has an experience in effective solutions developing to social problems at the national and regional levels, and to date has conducted comprehensive research across Central Asia to facilitate the successful development of the for-profit and non-profit sectors.

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Organizational structure



Welcome speech



The Fair and Sustainable Development Solutions (FSDS) Public Foundation implements its long-term strategic plan and remains an organization, the projects of which are aimed at improving the lives of ordinary people in the regions and making access to public services more affordable. All of this is made possible by the support of our many partners - the most important factor on the road to success.

We believe that strong community engagement, partner support and a long history of collaboration are the key to ensuring systemic development.

**Muratbek
Ismailov**

Executive Director
of the FSDS Public Foundation



“Supporting of Local
Food System
for Healthy Food” Project

Project Objective

To support the development of National Programs that oriented to problems solution in the sphere of food security, nutrition, and drinking water issues.

Within the frames of the project, the FSDS Public Foundation helps low-income and large families to improve food production and processing, and assists local authorities to restore and improve the rural water supply system.



The technical support has been provided to district and national stakeholders to improve food security legislation, policies and objectives since the project implementation started.

Since 2017, the FSDS Public Foundation has worked with state and local partners to implement a food security project to improve nutrition in Kyrgyzstan and Tajikistan.

The project aims to support:

Vulnerable households to diversify food production and processing

District authorities to improve infrastructure (drinking water systems or processing plants)

Stakeholders at the national level (ministries, platforms) to further improve nutrition strategies and legislation

Key project partners:

- Ministry of Agriculture of the Kyrgyz Republic;
- District Administrations and Local Governments;
- Rural Public Associations of Water Users;
- “Shoola Kol” Public Association;
- “Jalal-Abad Rural Advisory Service” Public Foundation;
- “Ene Meerimi” Public Foundation.

Key Results



103

women's groups were founded during the reporting period (out of 200 planned) for:

4



vegetable processing

5

cultivation of vegetables

9

raising chickens



dairy goat raising

4

4



seed growing

4



bee keeping

15



growing fruit trees

13



drying of fruits and vegetables

3



strengthening climate resilient agriculture

39



developing organic agriculture

3



improving marketing and sales skills of local foods

174 trainings have been conducted for these groups depending on their agricultural direction: food production using organic fertilizers and taking into account water-saving technologies, pest control and others. The trainings included practical exercises on agricultural fields or demonstration plots to demonstrate methods and techniques in practice.

Key Results



255

smallholder families were supported with the following agricultural materials and tools:



60

families received tree seedlings (apples, apricots, cherries, pears) and planted them in their vegetable gardens;



75

families received quality vegetable seeds for seed production (tomato, pepper, carrot, onion, fennel, pumpkin);



60

families received seven types of quality vegetable seeds to increase yields and produce a variety of foods;



60

families received goats to increase their family budgets and improve the quality of their household food.



15 families

have been grouped and received appropriate initial training for their agricultural activities.



In addition, **157 families**

received training in effective farming activities.

Out of the

157

participants

103

were women



The main topics of these trainings were the proper cultivation of fruits and vegetables, effective livestock care and seed production.

Early intervention services

The staff of early intervention services in Jalal-Abad has undergone professional development courses and received additional equipment to provide early intervention services.

In addition, during the reporting period

200 children

were tested for health risks that may be associated with malnutrition or unbalanced nutrition.



320 families with children at risk of malnutrition were identified together with local authorities.

A new early intervention service was established in the village of Kochkor in Naryn region.

This service was equipped with the necessary equipment, office supplies, and training materials for the provision of early intervention services by the Fair and Sustainable Development Solutions (FSDS) Public Foundation.

Specialists of the center attended methodological trainings and seminars on early intervention and detection, as well as a two-day internship in the office of Shoola Kol Public Foundation.

Success Story

CLEAN WATER IN REGIONS OF KYRGYZSTAN AND TAJIKISTAN

About one million people in Kyrgyzstan have problems with access to clean drinking water. Currently, many residents of distant regions of the country drink water from ditches, rivers, canals, springs, as well as drink imported water.

In order to improve the infrastructure of drainage and drinking water supply, the Fair and Sustainable Development Solutions (FSDS) Public Foundation has been working since 2017 in Kyrgyzstan.





More than **30** villages
gained access to clean drinking
water as a result of the project

FSDS Public Foundation continues to assist local authorities in rehabilitating and improving water supply systems in distant villages in Kyrgyzstan and Tajikistan.



**“An Inclusive Society
for Children with Disabilities.
The 3rd Phase” Project**

Project Objective

“An Inclusive Society for Children with Disabilities. The 3rd Phase” Project aims to assist in the formation of an inclusive society in Kyrgyzstan and Tajikistan through the creation of equal opportunities and the implementation of fundamental rights of children and young people with disabilities.



Project Partners:

- “Hand in Hand” Parents of Children with Autism Public Association;
- “Equality” a Union of People with Disabilities Public Association;
- “Kol Taby” Non-Governmental Charitable Foundation for Protection to Motherhood and Childhood;
- “Stimul” Information and Consultation and Demonstration Center Public Foundation.

Overall Project Goal:

Children with disabilities (CWD) in Kyrgyzstan and Tajikistan lead dignified lives in an inclusive society where their rights and fundamental freedom are taken into account and they have equal access without barriers to all public services and opportunities.

In April 2021, the Fair and Sustainable Development Solutions (FSDS) Public Foundation completed the second phase of the regional Inclusive Society for Children with Disabilities Project, started in 2018 with support from Bread for the World and ICCO Cooperation, along with 4 partner organizations such as “Hand in Hand”, “Smile KG”, “Ranginkamon”, and “Parents of Children with Developmental Disabilities”.

THE MAIN RESULTS IN THE KYRGYZ REPUBLIC:

There have been conducted a study titled "Impact of Social and Medical Factors on Disability Rates Among Children and Adults in Kyrgyzstan for the period 2015-2020" together with the OSCE Program Office in Bishkek.

The development of a draft program on early identification and intervention for children with disabilities has been started.



A training manual was developed for primary health care providers and health promotion offices staff.

The training "Theory and practice of Applied Behavior Analysis and Occupational Therapy" was conducted for 7 staff members of four pilot centers - "Tenir Koldo" Day Care Center (Talas city), "Kelechek" Day Care Center (Eshperovo village, Ton district, Issyk-Kul region), Krasnorechenskaya Special General Education Boarding School (Chui district, Chui region).

Key results for 2020 -2021 years

Kyrgyzstan

During the period from May to October 2020. The FSDS Public Foundation organized technical assistance for families with children with disabilities attending rehabilitation centers in the regions.

As a result, 71 children with disabilities (35 girls, 36 boys) received wheelchairs, glasses, hearing aids, walkers, etc.

Thanks to the lobbying initiatives and efforts of the “Hand in Hand” partner organization and parents of children with disabilities, the terms of examination of children with mental disabilities have changed, as well as the children with autism have been included in the list of diseases that do not require an inpatient examination when making a diagnosis.

In May 2020, as a result of the work of “Janyryk” network, the disability criteria were amended, which allowed to increase the coverage of children with disabilities with benefits in the Kyrgyz Republic.

The Council on Childhood Disability and Rehabilitation under the Osh City Administration was established, early intervention was included in the plans of the Mayor’s Office, as well as a memorandum on the promotion of inclusive education in the city was concluded.

Information campaigns conducted as part of the project have helped to reduce stigmatization in relation to the children with disabilities in society.

Tajikistan

In the Republic of Tajikistan, the achievements of the project and the National Coalition are the success of the lobby initiative to equalize pensions for children with disabilities in 2020. The corresponding decree was signed by the President of the Republic of Tajikistan in August 2020.

A Memorandum of Cooperation was signed between "Ranginkamon" Public Association and the European Early Intervention Association.

A directory of services for the Children with Disabilities and the Persons with Disabilities was developed, which includes information and contacts of institutions and organizations providing medical, educational, social and legal services to the Children with Disabilities and the Persons with Disabilities and their families in 18 districts of Sughd region.

In March 2021, a "New Era - from Early Intervention to Inclusion" Forum was organized to exchange information, experiences and exhibitions of works of groups on income-generating activities.



In April 2021 in Khujand, an information campaign regarding autism and a conference on the theme of "Integration of Children with Down Syndrome into Society" were held. All of these events helped to raise awareness about autism.

The lobbying initiatives of the National Early Intervention Network contributed to the decision of the Ministry of Health of Tajikistan to open "Mother and Child Cabinets to provide comprehensive services for tender-age children in health centers and homes".

Success Story

HOW EARLY INTERVENTION CHANGES DILNAZ'S LIFE

An adorable little girl with a smile that is sure to steal your heart!

Little Dilnaz suffers from mixed cerebral palsy. Spasticity in the upper and lower extremities, due to which she is limited in movement and speech. She is isolated, does not go to kindergarten and has no opportunity to play with other children.

But despite the difficulties, Dilnaz is learning to take her first steps, play independently, count, and color pictures with the help of her mother and specialists from the early intervention program.

WHEN DILNAZ JUST WAS BORN

As a mother of two sons, Ainura greatly waited for the birth of her daughter, but just from the moment the child was born, she felt something was wrong with her daughter.

Dilnaz didn't seem to be as agile as other children of her age. When Dilnaz was a year old, her mother noticed that she had difficulty carrying her weight on her legs.

She went to a Bishkek hospital, where doctors diagnosed her with mixed cerebral palsy.

When my child was diagnosed, I was broken and felt lost and frightened.

But for myself I decided that I had to make every effort so that my daughter could live a happy life and be no different from other children.

Once a year we visit the center in Ak-Suu, and for the last year we have been participating in the "Shoola Kol" Early Intervention Program.



"Thanks to the program, Dilnaz's physical and mental abilities have noticeably improved today", - shares Ainura.

Some fathers cannot cope with the realization that their child has a disability, and often leave the family, leaving mothers to raise their children with special needs alone.



Ainura's case was no exception - after her divorce from her husband, she had to move with the children to her mother in the village of Bokonbaevo, Issyk-Kul region.

Early intervention programs have existed in the world for over 30 years, and their effectiveness has been verified by numerous studies.

Countries at the national level are making efforts to ensure that such programs are of the highest quality and accessible to their youngest citizens.

In Issyk-Kul region the work on early intervention is carried out by the "Shoola Kol" Public Association with the support of the Fair and Sustainable Development Solutions (FSDS) Public Foundation.

HOW THE "SHOOLA KOL" PUBLIC ASSOCIATION HELPS

Twice a week a specialist visits the family to provide help in five different areas - motor and cognitive, so that Dilnaz can learn concepts, communicative so she could express her wants and needs and understand those around her. Socialization, so Dilnaz can play and make friends with other children. Self-care so that she can take care of herself and her body independently.



DILNAZ TODAY

Chynara is encouraged by Dilnaz's progress as she has begun to make good progress, which may soon put her on par with her peers.

Dilnaz has begun to crawl, is sitting confidently, and has learned to explain herself.

"We are also now working to improve the environment where she lives so that she has a comfortable chair and table to play and eat, so that she can learn the academic skills she needs to transfer to school.

We treat her as a child who can develop her skills and abilities, not as a person with a disability - the most important thing to me is that she can be integrated into society", - Chynara said.

"We've come a long way, from tears at the beginning of her therapy to her successes today. Early intervention services have had a profound impact on her abilities. My dream is for Dilnaz to start attending school, find new friends, and be able to become a full part of society", - said her mother.

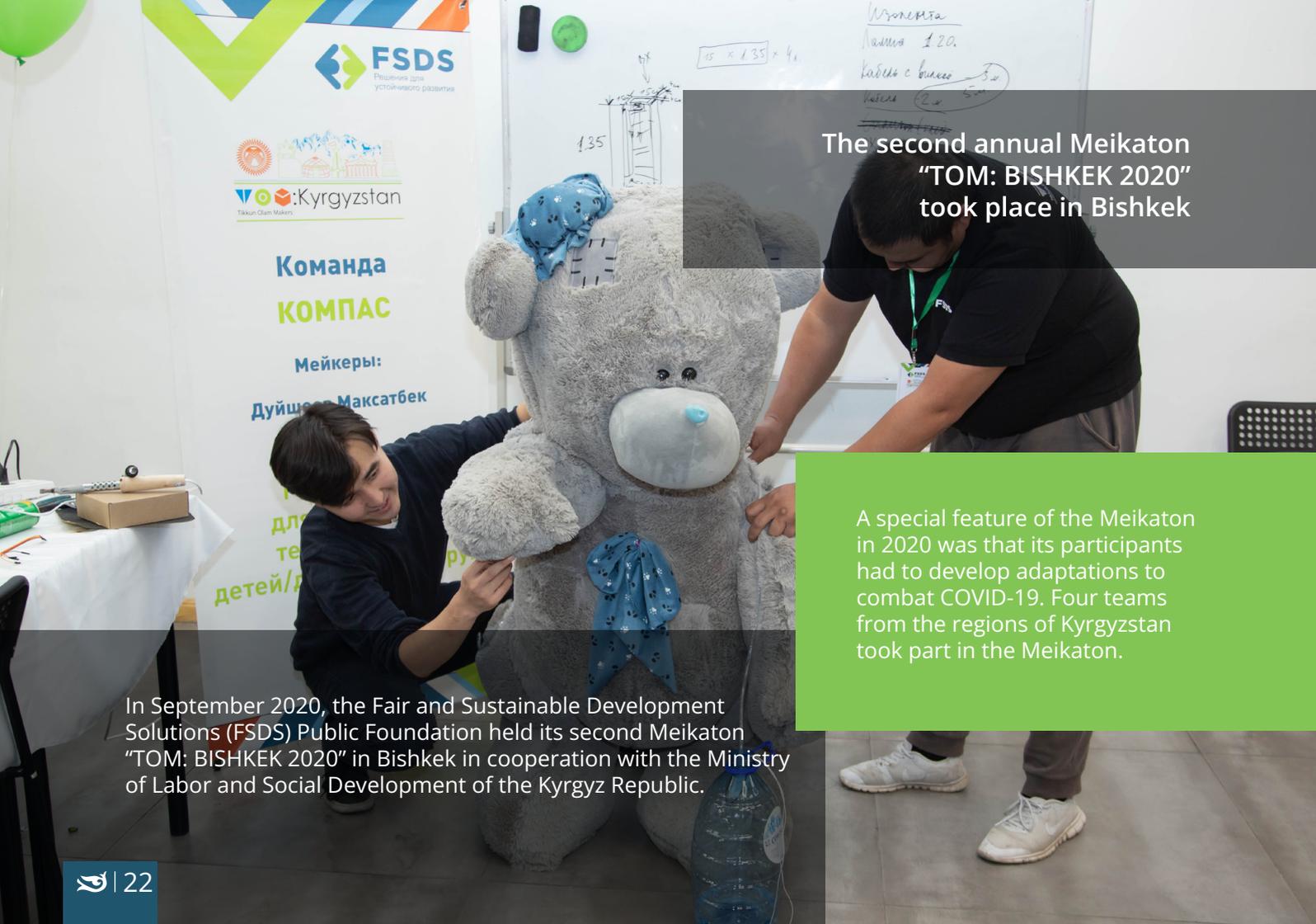
Six-year-old Dilnaz is one of 35,000 children with disabilities living in Kyrgyzstan today.

Early help, or early intervention in other words, is a set of different services for young children, usually under the age of three, at risk for developmental delays and their parents.

A distinctive feature of such programs is that they are family-centered.

Specialists - psychologists, social workers, child development specialists, physical and occupational therapists work together with parents on overcoming the child's difficulties.

The Fair and Sustainable Development Solutions (FSDS) Public Foundation has been supporting an early intervention program since 2016, as part of the "Inclusive Society for Children with Disabilities" Project.



The second annual Meikaton "TOM: BISHKEK 2020" took place in Bishkek

A special feature of the Meikaton in 2020 was that its participants had to develop adaptations to combat COVID-19. Four teams from the regions of Kyrgyzstan took part in the Meikaton.

In September 2020, the Fair and Sustainable Development Solutions (FSDS) Public Foundation held its second Meikaton "TOM: BISHKEK 2020" in Bishkek in cooperation with the Ministry of Labor and Social Development of the Kyrgyz Republic.

Meikaton

The Meikathon is a 72-hour marathon in which inventors, developers, and engineers (makers - makrs) develop devices to make life easier for people with disabilities.

During the development of prototypes, engineers are assisted by real children with disabilities and their parents, for whom the inventions will be presented at the end of the Meikaton.

The "CHANCE" team developed an idea for an automated sanitizer.

The "KOMPAS" Team performed the development of a doctor-robot for checking children's temperature and hand disinfection.

The "MAKER SPACE" Team has developed an automated device that disinfects door handles.

The "CARING IS SHARING" Team developed a germicidal recirculatory, designed to disinfect the air environment in wards, rooms and offices.



The most original idea was the automated sanitizer developed by the "Chance" team from Naryn region. Ulukbek Bukaradinov and Almaz Chomonov, the authors of the idea, successfully presented their product and won 1,000.00 USD for further production improvements.



“Social and Economic Development for Vulnerable Groups in Kyrgyzstan and Tajikistan” Project

ЛУСА У
МУРАВЕЎ

Кыргыз жомогу
ТҮЛКҮ МЕНЕН
КУМУРСКА

Кыргыз жомогу
АРСТАН МЕНЕН
КОЁН

Project Objective

Disadvantaged groups in communities affected by migration in the priority regions of Kyrgyzstan and Tajikistan have social and economic opportunities to improve their livelihoods.

Project Partners:

Government agencies:

- Ministry of Labor and Social Protection
- Ministry of Education
- Regional Employment Centers and others Project partners

Civil society:

- Local Non-Governmental Organizations
- Public initiative groups



Local self-government bodies:

Local municipalities

- Aiyl Okmotu (The Kyrgyz Republic)
- Jamoat

Private sector:

- Private sector entities
- Microfinance institutions

Territorial coverage:

Kyrgyzstan

Naryn, Issyk-Kul, Talas, Batken,
Jalal-Abad,
as well as the cities of Chui region /
Bishkek and Osh that receive the
largest number of immigrants



Tajikistan

Khatlon and Sughd regions,
which receive the largest
number of immigrants
and returned migrants,
as well as Dushanbe
and its areas with a high
proportion of poor people.

Key Results of the Project for 2020-2021 years

The Fair and Sustainable Development Solutions (FSDS) Public Foundation conducted a labor market analysis of the needs assessment and socio-economic evaluation.



The FSDS provided counseling services:



Key results of the project for 2020-2021 years



527
people

participated in the activities of dialogue with the public and private sectors to improve policies on gender equality, youth and women



90
children

of migrants were supported in the field of psycho-social development and soft skills development in the pilot regions of the project



301
people

received advice on the adaptation of migrants before their departure by means of the training activities of the SAM partner platform, including through online resources reached:

11 693 outreach among online users

284 publications were made on the CAM website

177 informational publications in social networks



947
youth leaders

were trained in civic participation

The training module on leadership and civic engagement has been developed, it includes the topics of leadership, public policy, advocacy, development of social projects.

The feedback mechanism has also been developed, which is designed to inform residents about the problems in the pilot regions of the project.

2 accounts in social networks were registered to cover the activities of local organizations.

Success Story

From September 21-23, 2021, the first regional youth forum was held in the Issyk-Kul region in the village of Chok-Tal, which brought together 50 young people from five regions of Kyrgyzstan.

The event was organized by the Fair and Sustainable Development Solutions (FSDS) Public Foundation.

The three-day youth forum “Zhash Muun” was aimed at uniting young people from the regions for the development of joint projects to improve the lives of local residents. The participants gained knowledge on the following topics: life skills, leadership and civic education; economics, entrepreneurship, ecology; access to financial resources; and information breakthrough.



The first regional youth forum “Zhash Muun” took place in Issyk-Kul

One of the main objectives of the forum was the integration of active young people and promising project teams in the process of solving the most pressing socio-economic and public problems in rural areas of Kyrgyzstan, and finding answers to the most pressing challenges facing young people.



The speakers at the forum were:

Eduard Kubatov - a Kyrgyz citizen who
conquered the Everest

Myrzabek Orumbaev – a General
Director of Toyboss LLC

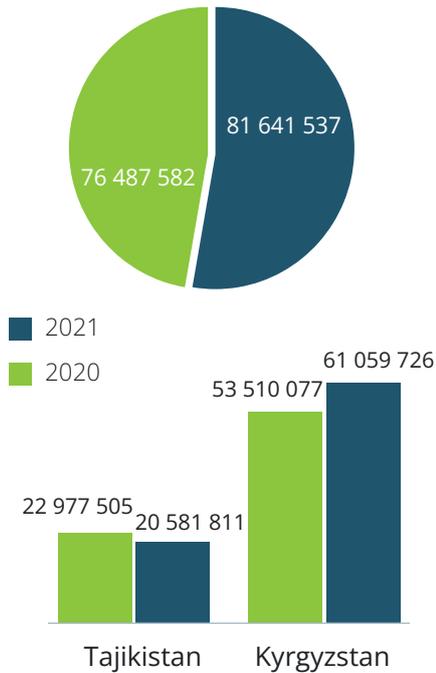
Alina Murzaeva – an International
Humanitarian Law Specialist

Cholpon Tentieva – an Art Historian
and an Art Manager



Financial indicators

Total expenses, KGS



Expenses by thematic, KGS

