

Enterprise Development in Action!



Fair & Sustainable  
Development Solutions

2017  
Annual Report

## Fair & Sustainable Development Solutions

Fair and Sustainable Development Solutions (FSDS) is a regional non-governmental organization based in Central Asia. The organization works for the inclusive society and fair economic development in the region. FSDS was created with the objective to establish a strong Organization for co-implementation of projects and programs resolving challenges in the region.

FSDS has 5 areas of focus: inclusive society, migration, social entrepreneurship, rural development and food security.

Aiming to find solutions to social, business and environmental problems, FSDS is leaning within its activity on business techniques and human rights respect, gained from the experience and knowledge of its strategic partner, ICCO Cooperation.

FSDS has a record of providing effective solutions to the challenges in the regional consulting market. Based in Bishkek, Kyrgyzstan, the organization has implemented complex studies and projects in Central Asia. FSDS provides outstanding services in strategic business areas to assist in the successful development of non-profit organizations.

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## Executive Director Foreword

2017 has been very successful year for FSDS. Our organization has expanded significantly over the last year and we have made a number of particularly notable achievements. Major projects that we embarked on are progressing very satisfactorily, and many new opportunities are opening up for us. We face a very exciting future.

We are focused on the progressive development and expansion of our capabilities. For us, the respect of colleagues, our partners, customers and representatives of the business in which our activities are conducted is the most important factor in the longevity of success. We believe that only the integrated implementation of our mission and strategy, prosperity, both of the organization as a whole and of our employees, as well as our clients, ensures a sustainable dynamic development.

FSDS now is organization with multiple projects including consulting services. We are looking forward especially to the growth of FSDS Consulting because this opens up new opportunities for FSDS to share their experiences and knowledge to support other organizations.

None of this would have been possible without an active and supportive board and the generous efforts of our partners.

In summary, I believe it has been a great year. We are satisfied with the continuing growth of our organization and are looking forward enthusiastically to the years ahead.

**Executive Director,  
Muratbek Ismailov**

## Board member Foreword

We have reasons to be proud of FSDS achievements. It remained true to its mission to build a country without poverty with an open civil society where people assume their rights and duties and a sustainable economy providing fair income to households. Through its results, the networks and entrepreneurial principles of FSDS, it has proved to be an influential organization.

During the last four years, we have seen FSDS making steady progress in moving from an enthusiastic start-up to a mature progress driven organization. The management and the Board's main area of focus has been to ensure this transition in an effective manner.

The Supervisory board approved the Strategic Plan of FSDS for the years of 2018- 2020 in which FSDS will focus on finding solutions to social, business and environmental problems, being guided by business approaches and respecting human rights.

The existing team of FSDS has worked together to assess effective improvements that can strengthen FSDS' ability to scale interventions across the Central Asia region. FSDS has successfully acted as technical expert and co-implementer through partnerships with other organizations to make an impact.

During this year, the FSDS team has reached all of their major performance goals, at the same time, increasing its sources of funding. This strongly sets up FSDS for impact in the years ahead, and we are all very excited to see the organization move forward.

**Supervisory Board,  
Pepijn Trapman  
Kamalbek Karymshakov  
Joost Van den Hee**

## 2017 Highlights

Spent on  
**74,181,550** KGS  
development programs

Raised  
**1,354,826** KGS  
from Consulting services

Turnover growth rate is  
**17.29%**  
in comparison to 2016

Social Media outreach  
**15,369**

**93**  
partner organizations

### Program results

**20,950**



empowered people (contributing to SDG 16:  
Peace and Justice Strong Institutions)

**557**



opened small businesses (contributing  
to SDG 8: Decent Work and Economic Growth)

**765**



supported children with disabilities  
(contributing to SDG 10: Reduced Inequality)

**1,787**



created workplaces (contributing to  
SDG 8: Decent Work and Economic Growth)

Results were achieved through joint projects with partner organizations.



## About us

### **Our vision**

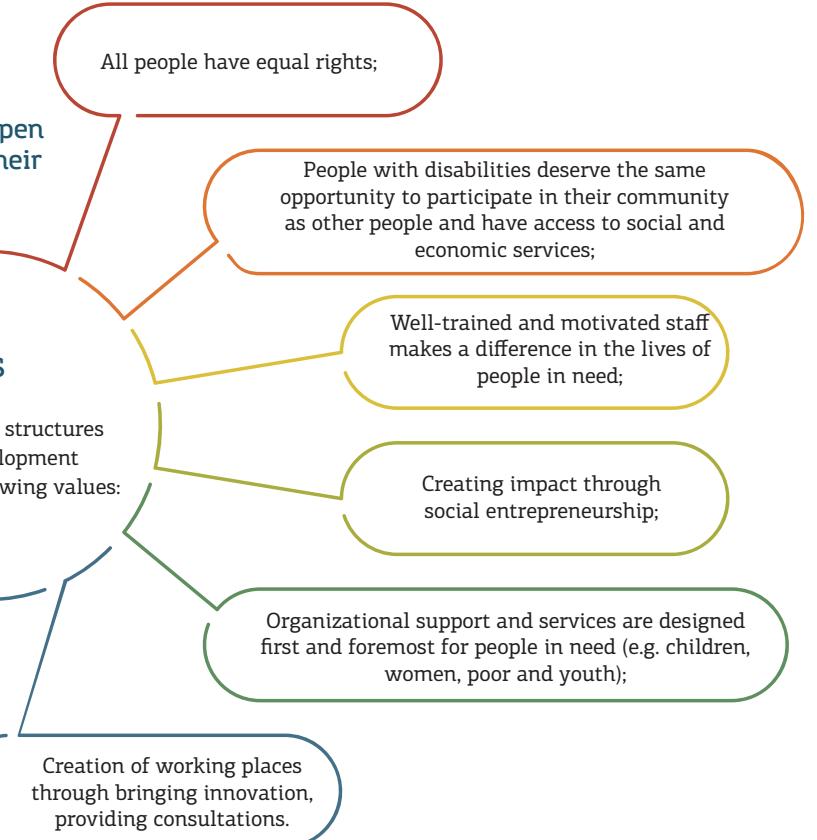
A country without poverty with an open civil society where people assume their rights and duties and a sustainable economy providing fair income to households.

### **Our identity and values**

Our projects, strategic and organizational structures and policies at Fair and Sustainable Development Solutions are strongly guided by the following values:

### **Our mission**

To enhance the livelihoods of marginalized people in Kyrgyzstan and Tajikistan by promoting social inclusion and fair economic development.



## Organizational structure



An esteemed and highly skilled Supervisory Board guides the management and staff at Fair and Sustainable Development Solutions.  
Notes on the Supervisory Board

- None of the Board members are related to each other
- No other board members have received any remuneration from the organization



## Our programs and results

### Central Asia on the Move – Phase II

The program “Central Asia on the Move” (CAM) is a joint initiative of a big range of partners on internal and external migration in Central Asian region. In 2012 Danish Church Aid (DCA), ICCO Cooperation and Fair and Sustainable Development Solutions (FSDS) launched a joint CAM program for 2012-2015 (Phase 1). CAM Partner Platform was set up with a coalition of more than 25 Civil Society Organizations (CSOs) from Kyrgyzstan, Tajikistan, Kazakhstan and Russia.

The overall goal of the CAM program’s 2nd phase remains ensuring livelihoods of migrants and migration-affected communities. Within the 2nd phase of the program, CAM Partner Platform continues

to focus on lobby and advocacy work to promote the rights of labor migrants from Kyrgyzstan and Tajikistan. This includes the lobbying and simplification of state registration system, influencing local decision-making and budgeting to respond to the needs of migrant-workers and their families as well as linking potential migrants and Vocational Education Training (VET) schools, pre-departure awareness (on migration legislations, rights issues, access to basic services, etc.). One of the main components of the program is creating of alternatives for migration by contributing to job opportunities, self-employment and building favorable conditions for income generating activities.

## KEY RESULTS

**At least  
10,000 internal migrants**  
received legal consultations on registration procedures in Kyrgyzstan



"Corners of the migrants" Information desks were established in **30 district libraries** of St. Petersburg with support of the Committee on Interethnic Relations and Implementation of Migration Policy in St. Petersburg

**At least 2,432 community members**  
(of which **more than 60% are female**) built capacity and received follow-up consultations on income generating activities and business planning in Kyrgyzstan and Tajikistan



Size of monthly allowance for low income families has

**increased from 705 to 810 KGS**



and the Guaranteed Minimum Income has  
**increased from 810 to 900 KGS**

due to advocacy campaigns of the Association of NCOs on promotion of child's interests in the Kyrgyz Republic

**At least 6,254 labor migrants**



(of which **35% are female**) received legal assistance and counseling in Kyrgyzstan and Tajikistan

Single report on Migration for 2017 has been developed by the partner Platform "Central Asia on the Move" including the country analysis of Russia, Armenia, Kyrgyzstan and Tajikistan with technical support of FSDS and Caritas France.



### Success story:

In the Aikol village of the Batken oblast, a sewing factory was opened for the members of self-help group "Ishker Aiymdary" (Business women), that includes wives and members of families of labor migrants.

The local administration of the village allocated the premises for the factory. The self-help group made construction repairs of the building with its own efforts, purchased the necessary materials and equipment.

Our partner, Public Foundation "Insan Leilek" assisted the self-help group in purchasing additional equipment for the factory. Women have successfully started their work!

This example of small business development was realized thanks to the participation of women in the migration project, implemented by PF "Insan Leilek" with the support of FSDS.



## Community Development

The problems of rural development in Kyrgyzstan are very much linked to problems in agriculture. Many young people from farming families prefer employment in urban centers rather than in agriculture. In Issyk-Kul region, the young people are more or less busy during spring-autumn, but have no employment during the winter time. Agro - climatic conditions in Kyrgyzstan allow the production of a wide range of organic agriculture products that have a high demand in local, regional and international food markets.

Increasing self-employment among young rural farming households in five village administration areas of Issyk-Kul oblast through production and marketing of organic agriculture and livestock products – is the main goal of the project.



### Success story:



Sultan was one of the 300 farmers, who received trainings on greenhouse farming. In the village of Bokonbaev,

Sultan invested in a greenhouse, where he currently grows vegetables.

Today, he proudly states: "I increase my incomes by reducing expenses on chemicals, and I started using my own resources to grow organic products. Customers are willing to pay a higher price for my produce".

Sultan's greenhouse is placed on 0,01 ha of land, and he has harvested about 2 tons of vegetables. FSDS invested in the construction of three such greenhouses.

The first yield of organic vegetables was more than 6 tons. 10% of the harvest was distributed to vulnerable communities for free.



5

veterinary service center opened



The first "Oruk" fest was organized in Djety-Oguz to develop apricot brand and build trade relationships between producer and farmers



5

farmer groups established

### Key results



68

farmers improved their cow breeds using ways of artificial insemination



Trade-fair of organic products with

2,500

visitors was organised



300

farmers received knowledge on agricultural topics



176

farmers produce organic/natural products



51

beginning entrepreneurs increased their potential in business sphere, through business planning and financial management trainings

## Inclusion program in Central Asia

The most pressing problems linked to children with disabilities (CWD) are passiveness, segregation and legal illiteracy, parents' poor performance and lack of accountability, and the importance of challenging stereotypes and stigma in the society.

In 2014 FSDS has started project in Kyrgyzstan which is aimed to provide focused support to parents-led and resource NGOs, working for and with children with disabilities from all over Kyrgyzstan to assist their efforts to unite and become a single effective civic coalition to fight social isolation of Children with Disabilities.

In January 2016 FSDS initiated a 2-year project "Inclusive Community for all" in Tajikistan with the goal to protect the rights of CWD in Tajikistan to have equitable and barrier-free access to all public services and opportunities.



## KYRGYZSTAN



**5**  
member

organizations of "Janyryk" developed detailed financial strategies, and started fundraising activities (**5,000-20,000 USD last year**)



**3,000**  
parents

representatives of NGOs and government agencies received knowledge on the problems related to children's disabilities



## KEY RESULTS



**10**  
joint documents

with Ministry of Social Development, Regional Administration on cooperation in the field of child disability were signed under the project



**17**  
self-support groups

have been created with



**573**  
children

with autism and other mental disorders during the project period were identified, which significantly increases the chances of successful rehabilitation



**230**  
specialists

on social development and health care system have raised awareness on issues of mental disorders and CwD related problems



**3**  
member

families in each group; they unite for common activities and joint problem solving



**51**  
families

who raise children with disabilities received cow with a calf each. This initiative aimed to promote good nutrition habits thereby stimulating positive changes in children's lives.

## TAJIKISTAN



Strengthening and increasing the capacity of the



**360**  
parents

of the CWD have learned about rights of their children through trainings and consultations



**120**  
women

single mothers of CWDs, received short-term vocational courses and were supported in their employment



**35**  
families

with CWD have received support for business



## Empowerment and Parents Leadership towards inclusive society for children with disabilities



In 2017 FSDS, in partnership with ICCO Cooperation, has started the inclusion project in Tajikistan. The project enhances respect for all human rights namely the rights of Children with disabilities (CWD) and supports civil society and human rights defenders by building a strong and unified civil society promoting the rights of CWD and their families.

Tajikistan has been through a dramatic social change with the collapse of a comparatively well-running social welfare system during the Soviet time. The country struggles to develop the infrastructure, funding and human resources necessary to address the rights and needs of People with Disabilities (PWDs) and provide them with relevant support. The civil society working towards disability inclusion is fragmented and needs to be unified and strengthened through the Disabled People Organizations (DPO's) and Parent Association.



Two Information Resource Centres (IRCs) were created in Dushanbe and Khujand each managed by full time staff. The IRCs are supporting parents, professionals and NGOs with the collection and dissemination of information materials and knowledge.



AKVO RSR (Really Simple Reporting) is used to Monitor the project. It is an innovative tool to increase collaboration and transparency and share results with public.



Two Resource Groups (RGs) were formed in Dushanbe and Khujand. They consist of 10 people each to serve as experts in human rights, social inclusion and CBR preferably representing provinces in focus geographic areas who are committed and most active and competent parents of CWD as well as active CWD and other activists.



50 service providers were trained on Community Based Rehabilitation (CBR) methodology. CBR is directed towards improving the quality of life for children with disabilities and their families, meeting basic needs and ensuring inclusion and participation.



600 people learned about the capabilities of children with disabilities and their talents. Gala concert and Inclusive camp for children with disabilities was held as part of awareness raising campaign.



A Coalition's coordination committee consisting of representatives from each of the 2 regions and Dushanbe is established. Regular meetings are holding and include activities that support agenda shaping; organization and facilitation of meetings; and coordinating, orienting members on planning, implementation and monitoring of the overall network actions.

## Success story:

Alikhan was born in 2009 with a diagnosis of cerebral palsy. He could not walk, was often sick and had anemia.

After several months of establishing the Self-Help Groups (SHG) and receiving a cow with a calf, Alikhan's nutrition was improved due to calcium content in dairy products. He began to take the first steps pleasing the parents with his strengthened health. Parents built a new shed for the cattle, which other members of the self-help group helped to build. The goal of creating self-help groups is socialization of the child in a family.

A corrective corset and orthopedic shoes for Alikhan were ordered. Moreover, with the assistance of social workers and educators, a desk was allocated and Alikhan gets a home-based



education with a teacher from local school.

Now, Alikhan walks confidently, communicates and plays with children and loves to sing. He is proud that he has a cow, a calf

and a "house for a cow" – a built shed. During the exchange visit in the village of Mangyt, Alikhan's mother could not hide her joy, when asked to speak and talk about changes in the family and about Alikhan.

## Success story:



Unfortunately, majority of parents and the society in a whole, negatively accept the children with disabilities. For most of them the birth of such child is a tragedy and they give up in despair doing nothing on rehabilitation of their own child. Our project helps parents to overcome depression and contributes to elimination of discrimination on society.

Makhmudova Nasiba is a parent of a special child. She participated in activities,

including different trainings, seminars and actions on awareness raising and attraction of societies' attention towards the life and problems of children with disability organised within the inclusion project. Her son started to visit Rehabilitation center, where she received knowledge on socialisation of her son.

If before Nasiba, did nothing but cried the whole day looking at her son, she was depressed and had no interest for life, now she is a successful woman who provides psychological support to other parents. She also passed the training on embroidery and business planning organized by Public organization "Parents of children with disabilities" to ensure additional income to her

family budget. Since her family lives in the rental apartment and the only breadwinner in her family is her husband, this opportunity will make their life easier.

According to Nasiba, before she did not completely expect for improvement of her son, now, she is more than sure in socialisation of her child. As she says herself: "My son taught me how to love the life and I have changed my mind towards everything."



## Outreach

FSDS participated in various national and international events, including:

- ▶ The first innovation forum “Reboot”
- ▶ Partner Consultations for Health, India
- ▶ AgroExpo “Silk Road 2017”, Batken, Kyrgyzstan
- ▶ Exhibition-fair of natural and organic products, Bishkek, Kyrgyzstan
- ▶ Bishkek Investment Forum, Bishkek, Kyrgyzstan
- ▶ Oruk fest, Barskoon, Kyrgyzstan
- ▶ “Bir Duino” Film Festival, Bishkek, Kyrgyzstan

Our outreach through Social Media

platform was  15 369. This space has been used to create visibility on the issues of migration, inclusion and rural development through articles, photos and posters as well as to showcase FSDS's programs and outcomes.

In 2017 FSDS organized its first press-tour. Journalists of various print, radio and online media were given the opportunity to investigate background of our projects and to share information within their news channels. The aim of the tour is to showcase work of FSDS and ICCO Cooperation joint projects and present cooperation projects to the audience.

FSDS has gained visibility through both print and visual media. We received notable mentions in:

 TV channels: Osh TV, Yntymak media, ELTR, Ala-Too.24, KTRK, Osh pirim;

 Online news channels: Maral.kg, Sputnik;

 Magazines: Fabula, Kyrgyz tuusu;

 Radio: Maral.fm, Birinchi Radio.



## FSDS consulting

FSDS strives to share experiences and knowledge to support other organizations. In 2017 we provided technical support to several projects and organizations in the form of consultations and trainings.

One of the strategic directions of FSDS for 2020 is Youth. Youth as the “Future of the nation” at all times was a special value for society. It occupies an important place in social relations. In 2017, FSDS implemented a short-term technical assistance contract for the GIZ Kyrgyzstan’s “Prospects for Youth” project, which aims to create sustainable work with young people in Kyrgyzstan, taking into account the need for more active participation of youth in the economic and social life of the country. We have worked with 4 local self-governments and empowered 40 young people.

Team of FSDS consultants has conducted a final evaluation of “Rural voices – poverty alleviation through community-driven business initiatives” project implemented by Rural Advisory Service of Jalalabad oblast (RAS Jalalabad) with financial support of European Union in Kyrgyzstan. The evaluation report including analysis of the project results and recommendations for improvement of future similar projects/initiatives has been developed and provided to RAS Jalalabad as a key deliverable of the evaluation.

Developing people's potential is a key to all organizations that wish to be successful. We believe that the crucial value lies in acquiring competencies and skills. FSDS Consulting was created to help people gain such competencies and skills. Team of FSDS

trainers conducted a training on Monitoring and Evaluation and Report writing, commissioned by the Community Action for Health (CAH) project for the Republican Center for Health Promotion staff.

“Improving the leadership of employees remains at the center of our project. Having adopted the strategy of development and investing in its staff, we decided to actively involve training coaches from the side. Several variants of consulting companies were considered. We have chosen FSDS consulting company, and do not regret it – both the project management and the participants of the training are satisfied with the results.

I was very pleasantly surprised by the availability and clarity of the language of presentations. I want to thank the team of trainers for taking care of each of the participants. To describe the training in 3 words – capacious, informative and useful. “

**Tolkun Djamangulova,  
CAH Project Manager**



## Financials

Amounts are shown in Kyrgyz Soms



FSDS Consulting



Overall turnover growth rate is

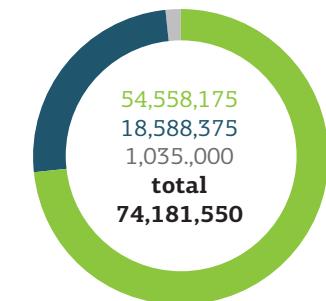
**17.29%**

In comparison to 2016

Thematic areas



Countries



- Inclusion
- Migration
- Community Development

## Moving forward into 2018



We move ahead to the next year which is also marking FSDS's fourth year of existence and contribution in the domain of sustainable development. with all FSDS staff involvement We have identified the strategic goals for ourselves in the year 2018 within the framework of FSDS strategic plan for 2018-2020.

With a fresh perspective on its mission, understanding what it does well, and the environment in which it operates, FSDS pursues the following strategic directions:

1. Project/program management and consulting services provision for INGOs in Central Asia.
2. Capacity building and networking with local partner organizations in the region.
3. Development and provision of services in organizational and financial management and social inclusion.

**The Central Asia on the Move (Cam) Phase II** project will focus on rights of migrants and their families are recognized and protected. Project is gearing up to assure conditions to generate income are favorable for families affected by migration.

**Inclusion program in Kyrgyzstan and Tajikistan** will focus on doing substantial work in the current

institutions and associating with more organizations to empower the existing networks in Kyrgyzstan and Tajikistan. Program will advocate and claim the inclusive rights-based development for CwD and community on local and regional level.

**Community Development project** will promote livelihood development through sustainable income generating activities of youth and young families in Issyk-Kul region. The action will engage in the co-organization and facilitation of the annual events as National Organic Forum and Organic Trade Fair and Bishkek Investment Forum.

In November 2017 FSDS has launched a new project **Sustaining local food system for healthy diet**. The main goal of the project is to support vulnerable groups to improve their nutrition status through advanced food production and rehabilitated infrastructure.

**Marketing & Communications** will be focusing on increased visibility of FSDS. Special attention will be paid to FSDS Consulting and projects achievements coverage. We look forward to another year of touching the lives of people in a significant way!

## Our Partners

### Ministries



Ministry of Social Labor  
Ministry of Education  
Ministry of Health  
Ministry of Emergency Situations  
Ministry of Agriculture

### Donors

Bread for the World



Kumtor Gold Company



Delegation of the European Union  
to Tajikistan



ICCO Cooperation



GIZ Kyrgyzstan

### Networks and partner platforms



National Network "Zhanyryk"



Civil Partner Platform "Central  
Asia on the Move"



National Coalition of Parents  
Association



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