



ANNUAL REPORT

2025



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About FSDS



The “Fair and Sustainable Development Solutions” — Public Foundation (FSDS) is a non-profit organization established in 2014 in Kyrgyzstan.

FSDS’s mission is to improve the living standards of vulnerable populations in Kyrgyzstan, Tajikistan, and Uzbekistan by promoting their social integration and equitable development. Over the years, FSDS has established itself as an expert organization that successfully develops comprehensive solutions to socio-economic challenges.




Inclusive society

Creating conditions that ensure equal opportunities and full participation for all population groups, particularly families with children with disabilities in social, economic, and civic life.



Food security

Designing and implementing programs to improve access to food, while supporting local producers and promoting sustainable agricultural practices.



Regional socio-economic development

Enhancing opportunities for vulnerable groups in pilot regions of Kyrgyzstan, Uzbekistan, and Tajikistan through vocational education, entrepreneurship support, and improved access to markets.



Tourism development

Promoting sustainable, responsible tourism that helps preserve Central Asia’s natural resources and cultural heritage.

I Key indicators 2025



24 000+
Beneficiaries
reached

6
Projects
implemented

6
Regions of
presence




2
Countries of
operation



+300 ha
Irrigated land area



33
Water supply
facilities restored



78
Farmer groups

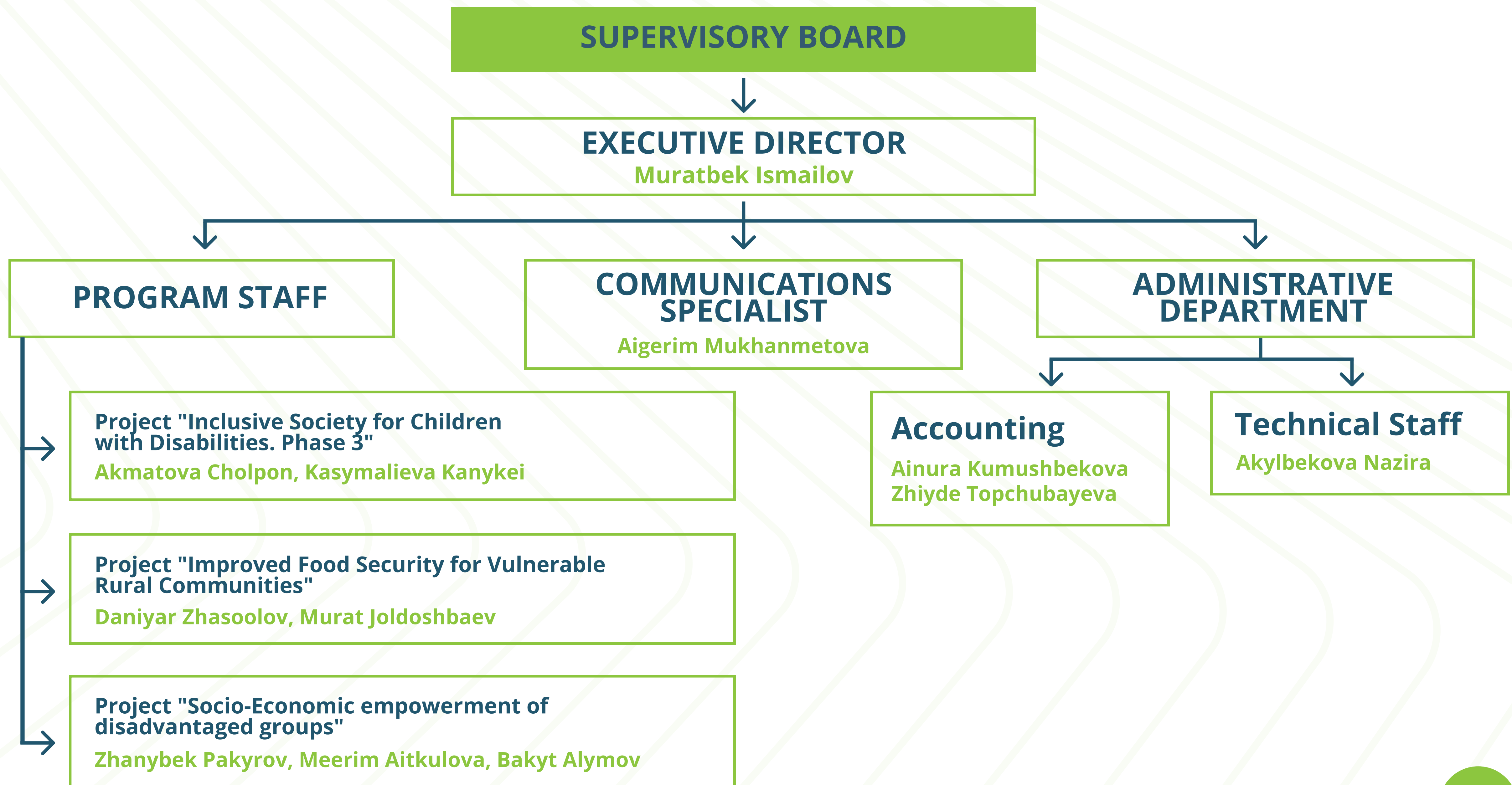


6
Rehabilitation centres
equipped



Organizational structure

Fair and Sustainable Development Solutions



>Welcome speech

Muratbek Ismailov

Executive Director, PF FSDS



Dear partners, colleagues, and friends!

2025 has been a year of tangible progress and meaningful impact for our organization. During this period, our projects delivered measurable results: thousands of people gained access to safe drinking water, hundreds of farming households strengthened their food security, children with disabilities benefited from expanded development opportunities, and dozens of entrepreneurs increased their incomes while creating new jobs.

The Public Foundation Fair and Sustainable Development Solutions has continued its systematic efforts to improve quality of life across Central Asia. Our strategic approach remains consistent: to create practical conditions and opportunities for communities through the implementation of innovative initiatives in four priority areas: an inclusive society, socio-economic development, food security, and tourism.

Over the past year, we have demonstrated that sustained, systemic change is achievable even amid significant challenges, including high inflation, climate-related pressures, and an evolving external environment. These outcomes were made possible by the coordinated efforts of the FSDS team, the commitment of our partners, and, most importantly, the active engagement of the communities themselves as agents of change.

We remain convinced that lasting impact is built on partnership, mutual trust, and respect for the potential of every individual. Accordingly, our approach is focused not only on providing support, but on enabling the conditions necessary for independent and sustainable development.

Looking ahead, we face new opportunities alongside emerging challenges. We will continue to move forward, guided by our mission and core values.



Inclusive Society for Children with Disabilities. Phase 3



About the Project

The project “Inclusive Society for Children with Disabilities. Phase 3” is being implemented in the Kyrgyz Republic with the support of international donors. It is focused on advancing systemic improvements in rehabilitation services and social integration by strengthening the capacity of public institutions, introducing modern diagnostic and therapeutic approaches, supporting families of children with disabilities, and fostering an inclusive environment. The project is designed to operate across three interconnected levels — state institutions, professionals, and families of children with disabilities, thereby ensuring a comprehensive and sustainable impact.



Project objective

To promote the development of an inclusive society by ensuring equal opportunities and the realization of the rights of children with disabilities in the Kyrgyz Republic (contribution to **SDG 10 - Reduced Inequalities**).

Target group

- Children and young people with disabilities, and their families
- Specialists of Rehabilitation centres/day care centers
- Local stakeholders (public service providers, LSGs)

Project partners

- NGO “Hand in Hand”
- Association of People with Disabilities “Ravenstvo”
- Foundation “Kol Taby”
- Foundation “Stimul”
- National Network “Zhanyryk”

I Key indicators

REHABILITATION INFRASTRUCTURE

- 6** state/municipal rehabilitation centres/daycare centers for children with disabilities in the Issyk-Kul, Osh, Naryn, and Batken regions underwent organizational diagnostics, followed by tailored recommendations to strengthen their institutional development, including strategic planning, management, service delivery, and financial sustainability.
- 6** state/municipal rehabilitation centres/daycare centers were equipped with specialized equipment to enhance services for children with disabilities, including hydromassage baths, rehabilitation treadmills, and adaptive seating systems for children with cerebral palsy.

TRAINING AND DIAGNOSTICS

- 75** participants in the international *“Early Intervention”* conference represented seven countries, including experts from Tajikistan, Kazakhstan, Germany, Norway, Austria, and the United States. On 11–12 March 2025, the International Conference *“Early Intervention: Modern Methods and Prospects”* was held, bringing together 75 participants. The event provided a platform for exchanging international experiences and best practices in the development of early intervention systems.
- 150+** specialists and parents trained in speech therapy methods.

TRAINING AND DIAGNOSTICS

- 60** children underwent Autism Spectrum Disorder (ASD) diagnostics (ADOS-2, ADI-R); 55 confirmed with autism.
- 15** parents completed 40-hour training in Applied Behaviour Analysis (ABA).
- 30** families completed the intensive 240-hour 'Family and Child' programme aimed at developing behavioural regulation skills and supporting children's development.

FAMILY SUPPORT

- 56** families received support through the "Respite" service at the "Kelechek" Centre in Bishkek.
- 70** young participants of TOM Makeathon developed 7 assistive technology prototypes.
- 65** families of children with disabilities received laying hens to start of small-scale income-generating activities.

SUCCESS STORY | How the FSDS project helped Aigerim build a source of income

Aigerim's story from the village of Buzhum in the Batken Region illustrates resilience and determination, demonstrating how targeted support can significantly improve a family's circumstances.

Raising a child with a disability, Aigerim faced persistent challenges, including rising costs for medical treatment and rehabilitation, as well as limited opportunities for full-time employment due to the demands of caregiving.

A turning point came when she joined the FSDS project "Inclusive Society for Children with Disabilities." Through a business planning training programme, she developed the skills and confidence to launch her own enterprise.

Her business plan, focused on the production of natural dairy products and homemade baked goods, was highly evaluated by experts, enabling her to secure a technical support from FSDS to acquire essential equipment, including an electric separator, a specialized stove, and an incubator.



Today, Aigerim’s home-based production supplies her community with a range of good-quality products, including fresh milk, cottage cheese, ayran, yogurt, kurut, and baked goods, all made from natural ingredients without preservatives. Her initiative has also created opportunities for others: two women from the village have joined her enterprise and now have a stable source of income.



Aigerim continues to expand her activities and develop new skills. After completing specialized speech therapy training, she now conducts sessions not only with her own child but also with children from families who are unable to afford private rehabilitation services.

The FSDS project “Inclusive Society for Children with Disabilities” reflects a comprehensive approach to addressing social challenges. Rather than providing one-time assistance, it contributes to building conditions for sustainable socio-economic development in the regions, enabling individuals to translate difficult circumstances into opportunities for long-term personal and professional advancement.

Improved Food Security for Vulnerable Rural Communities



About the Project

The project “Improved Food Security for Vulnerable Rural Communities” is being implemented in priority regions of the Kyrgyz Republic. The project encompasses three interrelated components: enhancing the agricultural productivity of farming households through diversification and the introduction of innovative technologies; rehabilitating water supply and irrigation infrastructure; and supporting the development of an enabling policy environment for food security at the national level.



Project objective

Establishing a sustainable agricultural system to ensure stable incomes for farmers and support regional development in Kyrgyzstan, thereby contributing to the achievement of **SDG 2** - ending hunger, ensuring food security, and improving nutrition.

Target group

- Farmers
- Communities with irrigation challenges and drinking water shortages

Project partners

- Ministry of Water Resources and Agriculture of the KR
- KGFRAS
- Jalal-Abad Rural Advisory Service
- SUN Civil Alliance of KR
- Authorized Representatives of the President in 4 regions
- Mayor offices of Karakol and Batken

Key indicators

78

farmer groups were mobilized across three key areas: vegetable production, livestock farming, and agricultural innovation.

AGRICULTURE

- **Diet diversification (44 groups, 660 participants):** Activities focused primarily on vegetable cultivation, potato farming, and berry production (including strawberries, raspberries, and currants). This approach improved access to fresh, nutrient-rich food while generating surplus produce for sale in local markets, thereby reducing seasonal economic vulnerability.
- **Resilience and livestock (12 groups, 180 participants):** The development of beekeeping, poultry farming, and dairy goat breeding enhanced access to animal protein. The introduction of vermicompost production established a closed-loop system for organic fertilizer supply.
- **Innovative agrotechnologies (22 groups, 330 participants):** The adoption of No-Till (zero tillage) practices, the use of hydroponic systems for fodder production, and the cultivation of drought-resistant crops (such as sugar corn and Sudan grass) helped mitigate climate risks and improve livestock productivity, including during periods of drought.

1 170

beneficiaries (household / family members) received project support.

6

small-scale processing enterprises were provided with equipment, generating seasonal profits ranging from 10,000 to 100,000 KGS.

23+

seasonal employment opportunities were created.

DRINKING WATER

33 villages in four regions were covered by water supply system rehabilitation.

In total, across the Issyk-Kul Region (Ton, Jeti-Oguz, Tup, Ak-Suu, and Issyk-Kul districts), Osh Region (Nookat and Aravan districts), Jalal-Abad Region (Suzak district), and Batken Region (Batken city and Batken district), approximately **18 000** people gained reliable access to safe drinking water. This resulted in improved public health, reduced risks of waterborne diseases, and decreased time spent on water collection, particularly for women and children.

IRRIGATION

11
~300 ha

irrigation infrastructure was restored, including well cleaning, installation of pumps, and rehabilitation of power supply lines.

unused irrigated land was brought back into productive use, resulting in increased crop yields and reduced health risks.

OTHER ACHIEVEMENTS

In February 2025, FSDS participated in the international SUN seminar in Bangkok, which contributed to the development of the Kyrgyz Republic's Nutrition Commitments for 2025–2030.

| SUCCESS STORY | Saydykum BIO: A story of growth

Iminova Mavlyuda lives in the village of Kyzyl-Ay in the Bazar-Korgon district of the Jalal-Abad Region. For the past four to five years, she has led the cooperative “Saydykum BIO,” which specializes in breeding California worms and producing vermicompost. Today, it is considered one of the more established cooperatives in the district, although its development required sustained effort.



Early stage

At the outset, the cooperative faced challenges typical for newly formed groups: limited cohesion among members, insufficient support at the household level, and low initial trust. Over time, through training and joint activities, participants aligned around shared objectives and began to see tangible results.

In 2023, PF FSDS supported the cooperative within the framework of its food security project, in partnership with the Jalal-Abad Rural Advisory Service. A mutual assistance group of 15 families was formed, with each participant receiving three boxes of California worms (45 boxes in total). This initial support provided the basis for further growth.



Development

With continued support, the cooperative expanded to include women, young people, and households in vulnerable situations. From an initial group of 15 women managing 45 boxes of California worms, participation grew to 45 active members, with total membership reaching 56 individuals.

Participants completed practical training, acquired technical skills in vermicompost production, and applied these methods in their own plots. This contributed to the production of organic vegetables for both household consumption and local markets.

Results in 2025

In 2025, the cooperative produced 9,300 kg of vermicompost and 5,250 litres of liquid vermicompost. In addition, 2,000 kg were used directly by members on their own land.

Demand for the cooperative's products has been increasing, driven by growing awareness among local farmers of the benefits of organic fertilizers. Orders have expanded accordingly. The cooperative's next step is to develop its own brand and labeling to strengthen market positioning and access new markets.



Socio-Economic empowerment of disadvantaged groups



Project Objective

The project “Socio-Economic empowerment of disadvantaged groups” is being implemented in Kyrgyzstan and Uzbekistan with the support of local partner organizations. It focuses on two core areas: supporting small and medium-sized enterprises among vulnerable households, and strengthening local initiative groups to implement socially significant projects. Particular emphasis is placed on the economic empowerment of women and youth through entrepreneurship training, grant support for business initiatives, and the development of municipal-private partnership mechanisms. The project fosters an enabling environment in which communities identify their own priorities and act as agents of change.



Project objective

To expand the social and economic opportunities of vulnerable groups in target communities, thereby improving their standard of living (contribution to the **SDGs 1** - no poverty, **5** - gender equality, **8** - decent work and economic growth, **16** - peace, justice and strong institutions).

Target group

- Unemployed youth aged 16–36
- Returned migrants
- Youth with disabilities
- Young women
- Unemployed and large-family women of all ages

Project partners

- PF “Foundation for Global Change” (KR)
- NGO “Dialogue, Trust, Law” (KR)
- NGO “Hamroh” (Uzbekistan)

Key indicators

ENTREPRENEURSHIP CAPACITY BUILDING

- 49** participants completed entrepreneurship and business planning training with a focus on environmentally sustainable (“green”) practices, including 33 women.
- 23** households received training in the development of tourism services and online/digital promotion; 13 of these households are led by women.
- 24** women artisans were trained in the production of felt and leather goods, with an emphasis on sustainable production methods.

BUSINESS PROJECTS

- 9** business projects supported; 7 of them are owned or led by women.
- 33%** Income increased for 65% of households participating in business projects.
- 72%** of projects are managed by women; and 48% conduct climate-sensitive activities.

COMMUNITIES AND LOCAL SELF-GOVERNANCE

- 56** members of initiative groups (including 29 women) completed three training sessions on identifying community priority issues in Kyrgyzstan and Uzbekistan.
- 5** social projects were supported, resulting in the construction of three playgrounds and two sports areas.
- 45** participants, including 30 women, were trained under the Socio-Economic Development Programs (SEDP), green development, and Participatory Assessment of Climate and Disaster Risks (PACDR).
- 1** a public-private partnership (PPP) initiative was recognized as viable: the establishment of a crematorium in Ak-Sai village (Ton district, Issyk-Kul province).

OTHER ACHIEVEMENTS

- 50** participants took part in the annual youth forum “Meikin Talk,” organized as part of the project. In 2025, the forum focused on supporting and developing young entrepreneurs and local community leaders through innovation.

| Gulmira's Success Story: Before and After

Sulaimanova Gülmira is a resident of Kara-Suu village in the Kochkor district. She is 33 years old, married, and raising three children. Today, she manages a small garment workshop in her home village, though this outcome required sustained effort and external support.

Initial situation

The workshop originally operated in a temporary space located opposite her home. The conditions were not suitable: the premises were cramped, poorly lit, and uncomfortable for regular work. Only six to seven seamstresses were employed, and some had to take sewing machines home due to limited space. The lack of a designated cutting area slowed production, while the prospect of establishing a properly equipped workshop remained out of reach.

Intervention

In 2023, Gülmira applied to a project implemented by the FSDS public foundation. As part of the programme, she and her team completed business training covering planning, financial management, and development strategies. Participants were also eligible to apply for grant support, contingent on the preparation of a business plan. Using the knowledge gained, Gülmira developed a proposal focused on expanding the workshop and submitted it for consideration.



In the photo, Gulmira is in a small, cramped old building, barely lit by a single lamp.

“She recalls: “The sewing machine and the table took up almost all the free space; there were no conditions for growth—only the desire to work despite the circumstances.”

Current results

With grant support, a new garment workshop was constructed, meeting standards for safety, lighting, and working conditions. The facility was equipped with professional automated sewing machines and five-thread overlock machines. The new space is significantly larger and more functional, allowing for improved workflow.

Employment has also expanded: the number of permanent positions increased from six or seven to ten. According to Gülmira, the improved working environment and access to equipment were critical factors in enabling this growth.



“Working in a cramped, dark space used to be very difficult. But the project and grant support gave us a powerful boost. Thanks to this, we were able to build a new workshop and expand our business. We are very grateful for what we have achieved today,”
— says Gulmira.

This case illustrates that, with appropriate training, financing, and institutional support, small-scale enterprises in rural areas can achieve stable development and job creation.

Facilitating Trade in Central Asia — Tourism and Crafts



Project Objective

In 2023–2025, FSDS implemented a series of sub-projects under United Nations Development Programme’s regional Aid for Trade project focusing on two value chains: adventure tourism and craft production (felt and leather). The project was carried out in the Issyk-Kul, Osh, and Jalal-Abad regions and aimed to expand economic opportunities for women, youth, and rural populations. This was achieved through targeted training, technical support, the introduction of digital and environmentally sustainable (“green”) solutions, the development of new products, and the strengthening of business linkages.



Project objective

To establish an integrated development system for two value chains—adventure tourism and craft production—in order to expand economic opportunities for vulnerable groups, strengthen export potential, and foster an inclusive business ecosystem at the regional level. Promoting gender equality (SDG 5), promoting affordable and sustainable energy (SDG 7), supporting decent employment and economic growth (SDG 8), and developing sustainable infrastructure and innovation (SDG 9).

Target group

- Small and medium tourism entrepreneurs
- Craft enterprises and groups
- Women artisans and
- Entrepreneurs
- Youth and people with disabilities

Project partners

- UNDP Kyrgyzstan
- Tourism Development Fund of the KR
- Associations - KATO, “Destination Osh”, “Destination Jalal-Abad”
- “Dayry” enterprise
- NGO “Chon-Alay ishker aiymdar”

Key indicators



42

SMEs engaged
in the project



175

New jobs
created



103

Jobs for
women

+256%

Income growth of
participants



+194%

Growth in foreign
tourists



+252%

Increased income from
foreign tourists



+722%

Increased income from
Online sales

6

New tourism
products developed



Other achievements:

- 28 information and training events were conducted for 186 participants from the tourism sector, including 64 women, covering professional, managerial, and digital competencies.
- 13 tour operators adopted the strategic use of international online / digital platforms (TripAdvisor, Viator, Instagram, among others), enabling access to markets in 10 countries.
- A grant mechanism was launched for 21 SMEs (10 led by women), with a total project value of 10 million KGS.
- 5 types of environmentally sustainable (“green”) technologies, such as renewable energy solutions, energy efficiency measures, and plastic reduction practices were introduced in 17 tourism SMEs.
- 32 eco - routes were identified nationwide, with 30 information boards and 78 signs installed in cooperation with the Tourism Development Fund.
- More than 60 advisory sessions were delivered for artisans, alongside the development of a digital library comprising over 10 practical tools, including templates, checklists, and SMART planning resources.
- Partnerships were established between artisans and tour operators, enabling the integration of craft products into tour programmes, guesthouses, and retail outlets (with more than 10 partners involved).
- Two craft associations — Coordinating Marketing Center “Dayry” and “Chon-Alay ishker aiymdar” —were strengthened, with recommendations developed and submitted to relevant government ministries.



I SUCCESS STORY | Family business as a source of inspiration



In a context where entrepreneurship is often framed as an individual pursuit, family businesses illustrate the value of collaboration and a shared vision. In connection with International Women’s Day, attention is given to women who not only develop enterprises but also contribute to their communities. One such example is Zhiydegul, owner of the “Goodnight” hotel in Jalal-Abad, who, together with her husband Kubanych, has developed a business that combines economic viability with social impact.

Where did everything begin?

Zhiydegul’s entrepreneurial journey began in 2019, when the family decided to convert their home into a small guest facility. This initiative evolved into the “Goodnight” hotel, which serves both as a source of income and as a local hospitality space.

The business is structured around a clear division of roles: Zhiydegul oversees guest relations and service delivery, while Kubanych is responsible for technical operations and business development. Strategic decisions are made jointly, reflecting a partnership-based approach to management.

Beyond its commercial function, the hotel contributes to the local economy.

- It provides eight permanent jobs for residents of Jalal-Abad, with women comprising approximately
- 75% of the staff. This has created opportunities for stable employment and professional development within the community.

A key stage in the hotel's development was participation in the United Nations Development Programme project "Facilitating Trade," implemented by PF FSDS and focused on strengthening value chains in adventure tourism. Through this initiative, Zhiydegul and her team completed training covering core aspects of the hospitality sector, including service standards and first aid.

The training informed operational improvements, with greater attention to service details that influence customer experience and retention. In response to seasonal fluctuations in demand, the business also diversified its activities by introducing catering services, contributing to more stable year-round income.

Zhiydegul's experience illustrates how family-based enterprises can support both business development and community outcomes, combining shared responsibility with long-term planning and adaptability.



Financial indicators. Expenditure by thematic areas and projects for 2025 (KGS)

UNDP / Aid for Trade Project	5 103 665
UNDP / Inclusive governance and civic identity for sustainable peace and development	1 432 127
Inclusive Society for Children with Disabilities (ICA)	11 648 385
UNDP / Expanding Economic Rights and Opportunities for Youth and Developing Sustainable Solutions for Youth Entrepreneurship at the Local Level to Promote Greater Social Cohesion and Resilience / Socio-economic Recovery from the Negative Consequences of COVID-19	2 331 626
Socio-Economic empowerment of disadvantaged groups (SEEDG)	28 552 519
Improved Food Security for Vulnerable Rural Communities (FNS)	108 944 074
Other expenditures	14 422 822
TOTAL	172 435 218



| 2025 was a year of real change

Each project implemented represents not only achieved indicators, but tangible changes in people's lives: a woman who opened a sewing workshop and created jobs for her neighbours; a child who received timely diagnosis and access to rehabilitation; a farming family that, for the first time, secured stable income through processing its own harvest; a rural community no longer required to carry water over long distances.

These outcomes were made possible because the foundation of our work is not charity, but partnership. Communities, local authorities, and civil society organizations acted not only as beneficiaries, but as active participants in shaping these changes. This approach underpins the sustainability of the results achieved.

We express our appreciation to our donors and international partners for their trust and support, to local partner organizations for their contextual expertise and commitment, and, in particular, to the participants and beneficiaries of our projects, whose engagement and confidence in a better future made these changes possible.

In 2026, FSDS will continue its work — expanding its geographic reach, deepening its impact, and remaining aligned with its mission of creating equitable conditions for life and development in Central Asia.

